

You can
make an
impact
today



education | research | service projects | international outreach | industry recognition

inspire and empower through
education

open new doors for discovery through
research

support the osteopathic community through
service projects

bridge the **international**
divide through humanitarian
outreach

celebrate outstanding
efforts through **industry**
recognition



a letter from our **leaders**

Dear AOF partners,

On behalf of the American Osteopathic Foundation (AOF) and its Board of Directors, we are honored to share this 2017 Annual Report. In 2017, the AOF focused on its core values to ensure that all projects and initiatives reflect the Foundation’s mission and values, including education, research, community service, international outreach, and professional recognition.

To guide these efforts, AOF recruited three new board members in 2017 and created a New Physician in Practice position to guarantee the next generation’s priorities are represented in leadership.

Another innovation launched last year was the Golden Ticket Scholarship. One of AOF’s largest awards, it rewards excellence in osteopathic medical student achievement while addressing the burden of student debt. Unlike other scholarships, the Golden Ticket affords four “runner-up” scholarships in addition to the award winner to further recognize and reward exceptional students from across the country.

AOF is proud to offer innovative programs, and will continue to implement new strategies each year that support and promote the profession, foster connections, identify opportunities that enrich and advance osteopathic medicine, and ensure our relevancy in a rapidly changing landscape.

Above all, AOF has YOU, our donors, to thank for everything we accomplished last year. Your continued commitment and dedication enables the Foundation to advance its mission locally, nationally and across the globe.

With sincere thanks for all you have done, and will continue to DO.



Dixie Tooke-Rawlins, DO
2018 AOF President



Peter B. Ajluni, DO
2017 AOF President

inspire and empower through
education

AOF inspires and empowers the next generation of osteopathic physicians through numerous grants and scholarships, while also recognizing excellence in the profession through its distinctive recognition awards.

“ At LMU-DCOM I've been fortunate to take advantage of every opportunity made available to me, and was able to create opportunities to develop my skills alongside the well-being of my community. ”



AOF Karen J. Nichols, DO, LEAD Scholar Award

Juan Rizal Querubin, OMS IV

2017 Recipient

Dr. Querubin didn't seek leadership when he entered medical school, but he soon found the need for community outreach impossible to ignore.

As founder of a local CPR initiative, Dr. Querubin donated hundreds of kits to teach CPR to 1,500 students each year. He has organized community "walks with a doc" and blood drives, amassing over 450 volunteer hours his first three years of medical school. He worked on the committee that developed advanced care planning education being adopted statewide.

AOF will continue to invest in the future of osteopathic medicine through educational scholarships and awards. In doing so, the Foundation hopes to further drive advancements throughout the osteopathic medical educational continuum.

open new doors for discovery through **research**



Burnett Osteopathic Student Researcher Award

Brian Joseph Di Giacinto, OMS IV

2017 Recipient

“ I’m involved in research because I want to help the next generation of physicians better care for the next generation of patients. If we’re doing the same thing each generation, we’re not helping. It’s our responsibility to push forward for our patients. ”

Research opens windows to the wonder of innovation and discovery. Through its grants program, AOF advances osteopathic research projects, supporting students and physicians who are shedding light on medical insights and changing how we treat patients.

The study that earned Dr. Di Giacinto this award examined whether osteopathic manipulative medicine (OMM) was beneficial in treating chronic ulcers. It was the first to show objective evidence that patients treated with lymphatic OMM experienced a measurable reduction in swelling. “It was thrilling to explore one of the fundamental techniques of OMM and, through research, take the first steps towards its validation,” says Dr. Di Giacinto of this pioneering study.

Dr. Di Giacinto’s research team hopes to establish a partnership between VCOM–Carolinas and osteopathic postdoctoral programs on a large multi-center clinical trial to expand initial findings.

AOF awards encourage early-in-practice researchers, giving them support and recognition to continue to focus on research throughout their careers. By expanding relationships with osteopathic medical schools and corporate partners, the Foundation aims to give DOs and osteopathic medical students the opportunity to expand the knowledge base of osteopathic medicine through focused, groundbreaking research.

support the osteopathic community through

service projects

Supporting volunteer projects that improve health in communities.

“ Health care is not just giving people medicine. We want to give patients new ways to improve their own health. ”

– Richard Bryce, DO, CHASS Chief Medical Officer



Improving Wellness in Communities

Metropolitan Detroit area has one of the highest rates of obesity in the United States, and its county ranks last in the country in health outcomes. That's what Richard Bryce, DO, the 2017 AOF Caring for Communities Award winner, wanted to address.

The Community Health and Social Services (CHASS) Center launched a “Fresh Prescription” program to improve health for the 11,000 patients it serves. Providers prescribe fruits and vegetables to patients, which can be filled at the on-site farmer's market. This helps patients make the connection between what they eat and how they feel-- directly aligning with osteopathic medicine's approach to care.

Increasing Community Health and OMM Awareness

AOF HumanTouch Community Impact Grants empower osteopathic students to improve their communities' health by funding collaborative volunteer experiences. Jessica Yi, OMS III, received an AOF HumanTouch grant in 2017. In the end, her project achieved three primary objectives: 1) Provide OMM treatments to underserved populations; 2) Give DO students practical OMM experience outside of lectures; and, 3) Raise public awareness of the osteopathic profession and OMM.

bridge
the

international outreach

divide through
humanitarian

AOF grants help bridge the divide by bringing DO expertise to reach medically underserved populations through international outreach programs.

“ Humanitarianism is a fundamental aspect of osteopathic medicine. Patient centered care is at the core of our education, and no where is this better exemplified than in mission work. ”

– Hallie Lehman, DO

AOF Rossnick Humanitarian Grants

provide students, residents and physicians the opportunity to take humanitarianism to an entirely new level, sharing the compassion of the osteopathic profession around the world.

The AOF's international grants program continues to reach across continents through our support of DOs and students who travel far and wide to bring health care to the world's most underserved populations.

In 2017, AOF provided funding that encouraged medical mission work in nine countries on three continents, positively impacting the lives of thousands of patients who may have otherwise gone without care.

Outreach in **9 countries**

Peru | Guatemala | Nicaragua | Dominican Republic



Uganda | South Africa | Malawi | Kenya | India

celebrate outstanding efforts through **Industry Recognition**



Held on October 6 in Philadelphia, AOF's Annual Honors Gala is the industry's single largest fundraising event that benefits the entire osteopathic profession.



2017 W. Douglas Ward, PhD, Educator of the Year Award Winner

Richard Terry, DO

Dr. Terry established the OMM department at his medical center to ensure trainees could continue their osteopathic education throughout residency.

As an educator, his students say he spends as much time listening as he does talking - a factor crucial to his students' success. Though his time is at a premium, his students' education is a priority second only to the health of his patients.



2017 Physician of the Year Award Winner

Ross Zafonte, DO

Ross Zafonte, DO Earle P. and Ida S. Charlton Professor and Chair of the Department of Physical Medicine and Rehabilitation at Harvard Medical School (HMS) is the first DO to be named Chair of any department at the school. He also serves as Chief of Physical Medicine and Rehabilitation at Massachusetts General Hospital, Brigham and Women's Hospital, as well as Senior Vice President Medical Affairs Research and Education at Spaulding Rehabilitation Network.

Dr. Zafonte is a pioneer in the field of traumatic brain injury (TBI). He has published extensively on this topic as the author of more than 300 peer review journal articles, abstracts and book chapters. Moreover, he co-edited the premier textbook on TBI, *Brain Injury Medicine: Practice and Principles*. He has presented countless lectures at prestigious conferences, both nationally and internationally. His work is collaboratively funded by the NIH, National Institute for Disability, Independent Living and Rehabilitation and Department of Defense.



2017 Lifetime Achievement Award Winner

George T. Caleel, DO

Awarded posthumously, Dr. Caleel's Lifetime Achievement Award recognizes his outstanding and unprecedented 60 year career as an educator at Midwestern University/CCOM. His impact on osteopathic medicine has been extraordinary, and widespread throughout the profession. Dr. Caleel was a leader within AOA's osteopathic graduate medical education accreditation. Among his many admirable qualities was the ability to break down barriers that DOs often faced. "For all of his successes his true love was education," recalls his wife of 40 years, Rebecca. "He held it in the highest regard, regularly emphasizing its importance, and cherished his role as mentor and professor."

2017 Award Recipients

AOA Presidential Memorial Leadership Award

Katherine Kirby, OMS IV

Burnett Osteopathic Student Researcher Award

Brian Joseph DiGiacinto, DO

Caring for Communities Award

Community Health and Social Services Center/Richard Bryce, DO

Donna Jones Moritsugu Memorial Award

Adrian Powell

Alyssa "Aly" Giles

Andrea Godfrey

Andrea Miller

Angela Marie Mrozinski-Kalcec

Candice Spake

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Michael Stec

Rhea Ferguson

Ryan Harris

Ryan Shillington

Sally Shukry

Samantha Koehler

Syed Sumair Sibtain

Victoria Faucheux

Yolanda Mabry

Golden Ticket Scholarship

Vanessa Halvorsen, OMS III (*Grand Prize*)

Daniel Sullivan, OMS III

Eric Goldwasser, OMS III

Kortnee Koziara, OMS III

Ryan Paulus, OMS IV

James M. Lally, DO, Emerging Leader Award

Julianne P. Sees, DO

Karen J. Nichols, DO LEAD Scholar Award

Juan Rizal Querubin, OMS III

Lifetime Achievement Award

George T. Caleel, DO

Outstanding Resident of the Year Award

Bryan Sweeney, DO – OBGYN

Christopher Mussman, DO – Surgery

Daniel Griffin, DO – Internal Medicine

Daniel Knapp, DO – Radiology

Eric G. Huish Jr., DO – Orthopedic

Surgery

Jordan Beckett, DO – Pediatrics

Kate Hughes, DO – Emergency
Medicine

Matthew Nelson, DO – Family Medicine

Monica Zaki, DO – Neurology/Psychiatry

Saundra Holseth, DO – OMM

Paul S. McCord, DO, Memorial Scholarship

Esther Kwak, OMS II

Physician of the Year

Ross Zafonte, DO

Prairie State Scholarship

Roshni Delwadia, OMS II

Thomas A. Quinn, DO Osteopathic Scholarship

Joshua Herring, OMS II

W. Douglas Ward, PhD Educator of the Year

Richard Terry, DO

Welch Scholars Grants

Abdul Walters, OMS II

Austin Rutledge, OMS IV

Brian P. Geraghty, OMS IV

Caleb Hentges, OMS IV

Christian L. Menezes, OMS III

Christine Chevalier, OMS II

Corban Caldwell, OMS II

Courtney Cook, OMS II

Dakotah Farell, OMS III

Darryn L. Winter, OMS III

Emily Gorell, OMS III

Jaqueline Levene, OMS III

Jeffrey Hayes, OMS III

Jesicah Ruffin, OMS IV

Jessica Mercado-Ortiz, OMS II

“Winning this award isn't about one person being a leader. Being a leader is about encouraging everyone to step up.”

– Saundra Holseth, DO
2017 Outstanding Resident of the Year
in OMM

Kayla Prokopakis, OMS III

Kenyon J. Grand, OMS III

Luke Shadiow, OMS III

Megan Sears, OMS III

Mia Nevala, OMS II

Michael Morris, OMS III

Natalia Sapiarz, OMS III

Nathaniel Alan Pearl, OMS III

Patricia A. Russo, OMS II

Pei Hsuan Chan, OMS III

Rebecca Ruebsamen, OMS III

Sienna Laughton, OMS II

Sophia Panaccione, OMS III

Stanley Cheng, OMS III

Vatche Melkonian, OMS IV

Vincent Desiato, OMS II

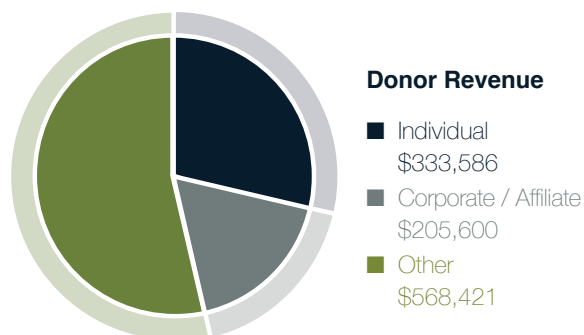
William G. Anderson, DO, Minority Scholarship

Willie C. Gilbert, OMS III

Statement of Activities and Changes in Net Assets

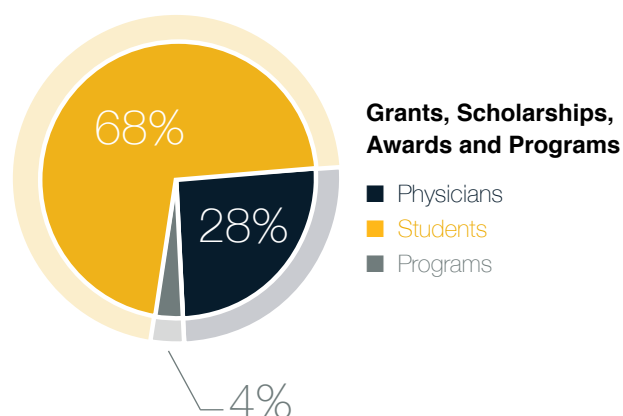
Revenues

	FY2017	FY2016
Individual Contributions	\$333,586	\$271,260
Corporate / Affiliate Contributions	\$205,600	\$207,280
Other Contributions	\$568,421	\$671,205
Investment Return	\$1,774,993	\$621,949
TOTAL REVENUES	\$2,882,600	\$1,771,694



Expenses

	FY2017	FY2016
Grants, Scholarships, Awards, Programs	\$1,222,450	\$1,220,335
General & Administrative	\$258,131	\$258,131
Fundraising	\$108,356	\$108,356
TOTAL EXPENSES	\$1,588,937	\$1,586,822



Net Assets

	FY2017	FY2016
CHANGE IN NET ASSETS	\$1,293,663	\$184,872
NET ASSETS AT BEGINNING OF YEAR	\$12,097,418	\$11,912,546
NET ASSETS AT END OF YEAR	\$13,391,081	\$12,097,418

Many thanks to our **2017 Corporate Partners**



thank you

to our 2017
generous benefactors

AOF's ability to support the profession is directly related to relationships created with YOU – both longtime supporters and new donors. Even the smallest individual gift can have a lifelong impact on our award recipients, on the power the individual wields with every donation, allowing the AOF and the profession to do more.

It is with tremendous gratitude that AOF thanks those partners and individuals without whom none of this would be possible.

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Osteopathic Heritage Foundation
Philadelphia College of Osteopathic Medicine
Rocky Vista University College of Osteopathic Medicine
University of New England College of Osteopathic Medicine
Western University Health Sciences/College of Osteopathic Medicine

\$5,000 - \$7,499

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american osteopathic foundation
mission statement

To support programs and services that promote osteopathic medicine and enhance patient-centered care.



Make your
impact today

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