



Global Outreach • Academic Distinction • Lifetime Achievement • Clinical Excellence

American **Osteopathic** Foundation
ANNUAL REPORT 2016





Our Mission

To identify and support philanthropic activities that promote and enhance osteopathic medicine.

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Justin Gushing, DO (2016 Rossnick recipient)
on medical mission to Guatemala (cover)

William Fleming, OMS I (2016 HOPE
Grant recipient) Alabama College of Osteopathic
Medicine on first mission to Ecuador
(photo credit above)



Executive Director
Stephen S. Downey, CAE, CFRE

We believe that there is strength
in numbers and collaboration is key
for long term success.

Dear Friends

Since the founding of the American Osteopathic Foundation (AOF) in 1949, AOF leaders have made it their priority to serve as the philanthropic heart of the osteopathic profession. Over the years, the AOF has supported a variety of programs and services to advance the profession and the physicians we serve.

In the early years, the AOF provided student loans to osteopathic medical students. In many cases, these loans were the only tuition support students received, since loans were hard to come by. The AOF's Osteopathic Progress Fund, for example, was one way for physicians to earmark vital support to their medical schools when schools didn't have Development staffs. Sometimes we forget just how far our profession has come in a relatively short period of time. In the beginning, the AOF was there to help.

As physicians, you are inundated with requests to support charitable organizations with many of those asks coming from the osteopathic profession. With that in mind, the AOF has sought to collaborate with many key osteopathic organizations in an effort to appeal to our supporters and build programs that support the entire profession. We believe that there is strength in numbers and collaboration is key for long term success.

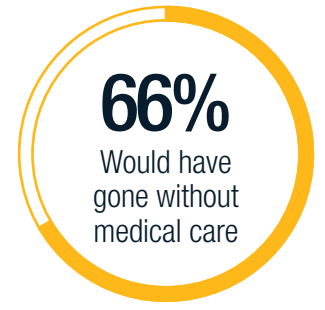
This past year we were honored to partner with the American Academy of Osteopathy (AAO), the American College of Osteopathic Emergency Physicians (ACOEP), the American College of Osteopathic Family Physicians (ACOFFP), the American College of Osteopathic Internists (ACOI), the American College of Osteopathic Pediatricians (ACOP) and the American College of Osteopathic Obstetricians and Gynecologists (ACOOG) to recognize outstanding residents in their respective specialties.

In addition, we distributed the first ever Prairie State Scholarship in collaboration with the Illinois Osteopathic Medical Society (IOMS). Again, there's strength in numbers and collaboration is key!

Please take a moment to read our 2016 Annual Report as there were many amazing accomplishments! From lifetime contributions and academic achievements to the public service impact your fellow DOs are making around the world.

Thank you for your continued support and friendship. Remember, you are vital to our success!

A handwritten signature in black ink that reads "Stave". The signature is written in a cursive, flowing style.



Humanitarian Outreach

The **HOPE Grants** and **Rossnick Humanitarian Grants** allow osteopathic medical students and physicians to provide much needed medical care to underserved populations all across the globe. These grants further the mission of the AOF and reinvigorate the osteopathic philosophy and approach to care.

Recipients of our grants provide insights from their trips. Here are their experiences.

“As we continue to have the opportunity to go and serve, we are forever impacting those around us in the greatest need. The osteopathic profession’s foundation is service and working for the betterment of all; globally or locally. I take pride that the osteopathic community can reach areas that otherwise would be unreachable.”

Freeland Ackley, DO—Rossnick Grant Recipient
World Medical Mission, Togo • April 2016



“We are encouraged to use hands and minds to evaluate and treat patients. My service will enhance the osteopathic profession by promoting understanding and healing through touch; a tenet of the osteopathic profession.”

Lemmuel Sibulo, OMS IV—HOPE Grant Recipient
Pacific Northwest University—College of Osteopathic Medicine
Power of a Nickel, Uganda • August 2016



PROVIDING AID IN THE U.S.

GIVING BACK TO THE OMED HOST CITY

The AOF provided a grant to the National Osteopathic Medical Association (NOMA) for their Health Fair for the Homeless Project which took place on September 15, during the weekend of the AOA's OMED conference. Led by **Darrel Lynn Grace, DO**, a 2015 AOF Distinguished Service Award recipient, volunteers provided health screenings, meals, and clothes to over 400 homeless men and women from the Orange County Rescue Mission.

perspective

“When I returned to the United States, my view of patient care changed. I realized I need to spend more time with my patients in order to really get to know and understand what they are going through emotionally.”

Justin Gushing, DO—Rosnick Grant Recipient
HELPS International, Guatemala • February 2016

impact

“A combination of all my experiences in Peru made this such an amazing trip. I was hoping to go and provide the best medical care to the children, but it was so much more. I was able to practice medicine and impact lives in ways I never thought possible.”

Julie Creighton, DO—HOPE Grant Recipient
DOCARE International, Peru • August 2016



“The opportunity to interact with physicians in a medical system outside of the United States is rewarding beyond words.”

MaryBeth Shively, OMS IV—HOPE Grant Recipient
Michigan State University—College of Osteopathic Medicine
DOCARE International, Peru • July 2016



United States

Guatemala

Dominican Republic

Ecuador

Peru

rewarding



Binh Phung, DO 2013 Recipient



David J. Heath, DO 2014 Recipient



Julieanne P. Sees, DO 2012 Recipient



Joel E. Abbott, DO 2014 Recipient



Christopher Scuderi, DO 2009 Recipient



Joanna Kramer, DO 2015 Recipient



Yewah Jung, DO 2013 Recipient



Daniel A. Clearfield, DO 2010 Recipient



John R. Dahdah, DO 2015 Recipient



Lauren Eisenberg, DO 2009 Recipient

Recognizing Outstanding Residents Across Specialties

There's no lack of quality among osteopathic residents. Across the country, dedicated, passionate young DOs are training to become future physician leaders in every medical specialty. But some go above and beyond the already tremendous call of duty that residency requires.

Recognizing these "best and brightest" who stand out from the pack is the noble goal of the AOF's Outstanding Resident of the Year Award program. It singles out strong residents who embody a unique combination of clinical promise, leadership, dedication to their communities and a commitment to osteopathic patient-centered care.

"We are privileged to care for our patients, teach our communities, and be examples for our future medical professionals. The AOF encourages residents to do this, to spread the joy in each moment and shine the light of all that we do as DOs," states **Julie Sees, DO**, a 2012 recipient.

The Outstanding Resident of the Year Award has been a hallmark of the AOF awards program since 2000 a 16-year legacy of honoring greatness among osteopathic trainees. The recognition often comes at a crucial time in a physician's journey from medical school to practice. In fact, **Binh Phung, DO**, a 2013 recipient, calls the award "life-changing." A practicing pediatrician in Tulsa, Oklahoma, Dr. Phung cites humility in joining his fellow recipients, who he calls "a diverse group of DOs who focus on putting others first in thought, word, and action. I am deeply thankful



for the AOF's continued scholarships and ongoing mission to highlight the importance of service."

Many award recipients go on to become leaders in their communities and on the national and global stages. Indeed, some say receiving this award can be an extra "push" needed to rise to leadership. Take **Christopher Scuderi, DO**, a 2009 recipient, who says that "receiving it right as I was beginning my career gave me confidence and passion to advance the field of family medicine—because those who came before me believed in me—and solidified my decision to become an academic and help prepare the next generation of physician leaders."

Still, the award holds central to its mission upholding and advancing the tenets of osteopathic medicine. By recognizing those who are deeply committed to osteopathic ideals, the award reaffirmed that hard work and dedication do not go unnoticed. As **Daniel Clearfield, DO**, a 2010 recipient, aptly summarizes, "I will often ask myself if I'm staying true to the ideals that earned me this award. I feel that having earned this, I am even more dedicated to serving the profession moving into the future."

The program, once supported by pharmaceutical grants, is now enabled thanks to vital partnerships the AOF has cultivated with osteopathic specialty colleges. "We support the award because it recognizes service to patients, peers, and the specialty of osteopathic family medicine, as well as modeling for others the importance of volunteerism and giving back to the profession," says

Pete Schmelzer, CAE, Executive Director of the American College of Osteopathic Family Physicians (ACOFP).

And these partnerships are growing, raising awareness and prestige of the Award. In 2015, three specialties partnered with the AOF; in 2016, the number is up to six and is intended to increase substantially in 2017. "That growth underscores that we can do more when we work together", says **Brian Donadio, Executive Director of the American College of Osteopathic Internists (ACOI)**, which for many years had its own resident recognition award. "When the opportunity arose to partner with the AOF, we were very pleased to participate because of the added national exposure that these deserving individuals receive. The award offers a tangible example of the benefits of our ongoing partnership."

Honoring this select few and helping them achieve their full potential is the purpose of the AOF Outstanding Resident of the Year Award. *Visit page 10 to view the 2016 Outstanding Resident of the Year recipients.*

Do you know a resident with a commitment to osteopathic medicine's philosophy and principles, as demonstrated through comprehensive patient care? Nominations for the award are being accepted through May. To learn more, visit www.AOF.org/ORA.

American Osteopathic Foundation

HONORS

A N A H E I M



Larry A. Wickless, DO, 2016 AOF President
and William D. Strampel, DO



James M. Lally, DO, MMM

The AOF brought together members of the osteopathic profession, friends, family and corporate benefactors for an evening of celebration. With record-breaking attendance of over **800 people**, Honors continues to be the premier event of the year; highlighting academic excellence and outstanding achievement through the **100 grants and scholarships** that were distributed in 2016.

LIFETIME ACHIEVEMENT AWARD:

William D. Strampel, DO

Dr. Strampel spent 26 years with the U.S. Army Medical Corps, holding positions like consultant to the Army Surgeon General for quality assurance and risk management, commander at Brooke Army Medical Center and chief medical officer of the U.S. Defense Department's TRICARE Management Activity, the nation's largest health management organization. His military awards are numerous, including the Legion of Merit and Meritorious Service Medal.

After retiring from active duty, Dr. Strampel joined the Michigan State University College of Osteopathic Medicine as Senior Associate Dean before being named Dean in 2002. Under his leadership, MSUCOM has ranked in the top 10% of all medical schools—MD and DO—for more than 15 years. Demonstrating his reputation for decisive innovation and implementation, he increased their entering class size from 125 to 300 to address the nation's physician workforce shortage. Read more about Dr. Strampel on our website, aof.org/lifetimeachievement.

PHYSICIAN OF THE YEAR:

James M. Lally, DO, MMM

Dr. Lally is a practicing physician, director of a family medicine residency program, and dedicated volunteer as well as President and Chief Medical Officer of Chino Valley Medical Center (CVMC).

Dr. Lally's route to medicine included 15 years in the U.S. Army Special Forces medic, where he earned 20 badges, commendations and awards, including the Legion of Merit and the Army Commendation Medal for Heroism. While a parachute accident ended his military career, he credits osteopathic manipulative medicine (OMM) for helping him regain mobility and recover from surgeries much quicker and with fewer complications. His personal recovery with OMM is one reason Dr. Lally is so dedicated to training future generations of osteopathic physicians.

During his tenure as Program Director, CVMC has created osteopathic fellowship programs in sports medicine, geriatric medicine, neuromusculoskeletal medicine and hospice and palliative care medicine, enhancing the region's primary care physician workforce. Read more about Dr. Lally on our website, aof.org/poy.

W. DOUGLAS WARD, PHD, EDUCATOR OF THE YEAR:

Tyler Cymet, DO, FACP, FACFP

Dr. Cymet entered the profession purposefully, choosing osteopathic medicine for its distinctive approach to health care. After graduating from Nova Southeastern College of Osteopathic Medicine in 1988, he completed an internal medicine residency at Yale University School of Medicine and earned a Masters of Education in Health Professions at Johns Hopkins School of Education.

During his 16 years on the Johns Hopkins School of Medicine teaching staff, Dr. Cymet mentored many students, fostering their research projects and professional development. He currently works as the Chief of Clinical Education at the American Association of Colleges of Osteopathic Medicine (AACOM), where he helped standardize end-of-rotation assessments for the colleges of osteopathic medicine.

Alesia Wagner, DO, FACFP dist.

Dr. Wagner started her career as an educator when Touro University College of Osteopathic Medicine (TUCOM) in California was seeking clinic sites for students to train. She began taking students, creating new pathways for osteopathic education where none previously existed. As Dr. Wagner developed the core residency program and electives at Lake Mead Hospital, she rose to Director Medical Education and Family Medicine Residency Director, leading what became one of the school's biggest training sites

As an advisor to the TUCOM chapters of the Osteopathic Physicians and Surgeons of California (OPSC) and American College of Osteopathic Family Physicians (ACOFF), Dr. Wagner encourages students to actively participate in leadership roles within the profession.

Read more on our website, aof.org/EOY.

JAMES M. LALLY, DO EMERGING LEADER AWARD:

Jay Bhatt, DO, MPH, MPA, FACP

In his current role as Chief Health Officer at the Illinois Hospital Association (IHA), Dr. Bhatt designs and implements initiatives that reduce readmission rates, improve patient safety and increase efficiency while engaging physicians throughout the process. This work has prevented 15,887 instances of patient harm for cost savings of \$161 million.

At the same time, his passion for community health never takes him far from patients. As an internist at Chicago's Erie Family Health Center, a community-based clinic, he provides comprehensive primary care to an underserved population while conducting research to improve quality of care and improve public health. He's an active participant in his community, providing leadership coaching and even teaching a dance class for patients.

Read more on our website, aof.org/emergingleader.



Tyler Cymet, DO, Alesia Wagner, DO and Dixie Tooke-Rawlins, DO (VCOM Platinum sponsor representative)

A SPECIAL THANKS

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Whitefield Laboratory and Alinea Medical Imaging
William Carey University College of Osteopathic Medicine



Jay Bhatt, DO, MPH, MPA, FACP

continued ...



AOA PRESIDENTIAL MEMORIAL LEADERSHIP AWARD

Jonathan Bardahl, OMS IV
Midwestern University Chicago
College of Osteopathic Medicine

BURNETT OSTEOPATHIC STUDENT RESEARCHER AWARD

Eric Goldwaser, OMS III
Rowan University School
of Osteopathic Medicine

KAREN J. NICHOLS, DO, LEAD SCHOLAR AWARD

Louisa Sethi, OMS IV
New York Institute of Technology
College of Osteopathic Medicine

WILLIAM G. ANDERSON, DO, MINORITY SCHOLARSHIP

Chandra Jennings, MPH, OMS IV
Edward Via College of Osteopathic
Medicine—Carolinas Campus

OUTSTANDING RESIDENTS

Six residents were recognized this year in partnership with osteopathic specialty colleges.

Above from Left: Jonathan Bardahl, OMS IV, Louisa Sethi, OMS IV, Eric Goldwaser, OMS III, Chandra Jennings, MPH, OMS IV, Jennifer Berkovich, DO, Abby Sapp, DO, Jessica Edwards, DO, Ryan Kooperman, DO, Precious Barnes, DO, MS, MS, Shane Sergent, DO

Precious Barnes, DO, MS, MS
Osteopathic Manipulative Medicine



A board certified Family Medicine Physician who is currently completing the Plus One NMM/OMM Program at the University of New England, College of Osteopathic Medicine (UNECOM). She is known by her colleagues as a physician who recognizes and respects the potentials of a patient's inherent health and through her skills, empowers them to feel and recognize health within themselves.

Jennifer Berkovich, DO
Pediatric Medicine



A third-year pediatric resident at Nicklaus Children's Hospital who is known for academic excellence and for being passionate about teaching, while striving to apply evidence-based practices to her clinical care. In addition to scholarly activity, she dedicates much of her time volunteering and serving as a mentor to osteopathic medical students.

Jessica Edwards, DO
Family Medicine



A fourth-year resident at CarePoint Health, who has taken a non-traditional approach to her Family Medicine residency making it her commitment to care for pediatric and obstetric patients on a longitudinal basis. In addition, she dedicates her time to community care and research focused on women's health.

Ryan Kooperman, DO
OBGYN



As Chief Resident of his program at Presence Health, he is known for his excellent organization skills and values the approach of osteopathic medicine and patient-centered traditions. He is known for having clinical vision, understanding the importance of the whole patient, as well as difficult decision making.

Abby Sapp, DO
Internal Medicine



As Chief Resident of her program at Franciscan St. James, she is known for her ability to lead as demonstrated in numerous past roles, but also for her time-management and teaching skills. Her passion for patient care is clear, and her desire to teach and help others better their understanding of human disease processes is known for being exceptional and reflects her commitment to osteopathic principles.

Shane Sergent, DO
Emergency Medicine

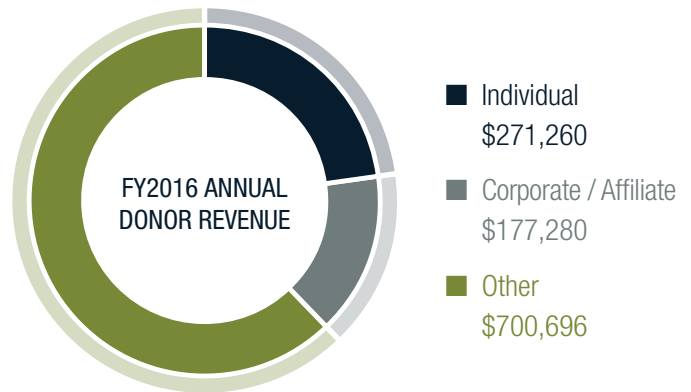


A Chief Resident at Duke Lifepoint Conemaugh Memorial Medical Center, his dedication to international health led him to establish the first international elective. In addition to numerous abstracts, editorials, and peer-reviewed manuscripts he has spoken both nationally and internationally and has led state-wide initiatives, educating peers and patients about Osteopathic Principles and Practice.

Statement of Activities and Changes in Net Assets

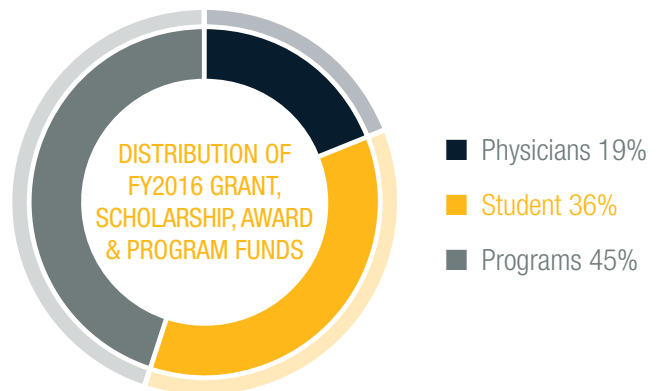
REVENUES

	FY2016	FY2015
Individual Contributions	\$271,260	\$617,028
Affiliate Contributions	\$7,280	\$2,000
Corporate Contributions	\$170,000	\$310,000
Other Contributions	\$700,696	\$759,860
Interest on Notes Receivable	\$509	—
Investment Return	\$621,949	\$(113,581)
TOTAL REVENUES	\$1,771,694	\$1,575,307



EXPENSES

	FY2016	FY2015
Grants, Scholarships, Awards, Programs	\$1,220,335	\$1,379,385
General & Administrative	\$258,131	\$283,364
Fundraising	\$108,356	\$110,004
TOTAL EXPENSES	\$1,586,822	\$1,772,753



	FY2016	FY2015
CHANGE IN NET ASSETS	\$184,872	\$(197,446)
NET ASSETS AT BEGINNING OF YEAR	\$11,912,546	\$12,109,992
NET ASSETS AT END OF YEAR	\$12,097,418	\$11,912,546

2016 Giving

Thank You to Our Donors



Corporate Benefactors

It is with deep appreciation that we recognize and thank the following corporations for investing in the future of the osteopathic profession by supporting the AOF and its mission.

Community Trust \$50,000

Eli Lilly & Company
Purdue Pharma LP

Pinnacle Partner \$30,000

Novo Nordisk, Inc
Pharmaceutical Research & Manufacturers of America (PhRMA)
Sanofi US

President's Circle \$25,000

Pfizer, Inc

Grand Patron Partner \$15,000

Merck & Co., Inc

Gifts to Named Funds

With great appreciation we recognize and thank the following individuals and Affiliate organizations for investing in the osteopathic profession by supporting the AOF and its mission through gifts to Named Funds

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William G. Anderson, DO
Carole Crosby, JD and
Larry A. Wickless, DO
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\$15,000

Michigan State University College
of Osteopathic Medicine

\$5,000

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\$3,000

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JAMES M. LALLY, DO EMERGING LEADER AWARD

\$1,000

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EDWARD A. LONIEWSKI, DO, MERIT SCHOLARSHIP

\$10,000

Dr. and Mrs. Edward A. Loniewski

KAREN J. NICHOLS LEAD SCHOLAR AWARD

\$250

Karen J. Nichols, DO and
James Nichols

OUTSTANDING RESIDENT OF THE YEAR

\$2,500

American Academy of Osteopathy
American College of Osteopathic
Emergency Physicians
American College of Osteopathic
Family Physicians
American College of
Osteopathic Internists
American College of Osteopathic
Obstetricians & Gynecologists

American College of
Osteopathic Pediatricians

ROCOVICH OSTEOPATHIC RESEARCH AWARD

\$30,000

Edward Via College of
Osteopathic Medicine

THOMAS A. QUINN, DO OSTEOPATHIC SCHOLARSHIP

\$2,000

Thomas A. Quinn, DO

A.T. Still Legacy Circle

The A.T. Still Legacy Circle honors those friends of the AOF who have established a legacy gift of \$25,000 or more through a bequest, trust arrangement or other estate plan provision. Their legacy is one of philanthropy, of opportunity, and of supporting the osteopathic profession and future generations of osteopathic physicians.

William G. Anderson, DO
Arthur E. Blumenschine**
Angela M. DeRosa, DO, MBA, CPE
Ruth Ann Geldea**
Richard Hiestand, DO**
Carl Kettler, DO**
Edward A. Loniewski, DO
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** Received legacy gift

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“The AOF has a strong philanthropic mission; recognizing excellence in osteopathic medicine and outreach. I give because they provide projects to communities across the nation and financial assistance throughout the life span of the osteopathic member. The AOF reinforces the benefits and importance of being part of the osteopathic family.” —Scott S. Cyrus, DO

“The AOF is our professional foundation on many levels. A strong base to build lifelong relationships between our osteopathic family and the communities that we serve ... a global thought.” —Ernie Gelb, DO

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 Touro University College of Osteopathic Medicine
 Touro University Nevada College of Osteopathic Medicine
 University of New England College of Osteopathic Medicine
 University of North Texas Health Science Center TCOM
 University of Pikeville Kentucky College of Osteopathic Medicine
 West Virginia School of Osteopathic Medicine
 Western University of Health Sciences College of Osteopathic Medicine of the Pacific
 Whitefield Medical Laboratory, Inc./ Alinea Medical Imaging
 William Carey University College of Osteopathic Medicine

2016 Individual Leadership Society

We would like to recognize and thank the following individuals for supporting the AOF and its mission through unrestricted annual gifts to the AOF or gifts in memory of someone special.

Diamond Leadership Society \$25,000+

FamilyCare Health/
 Jeff Heatherington, LHD
 Dr. and Mrs. James M. Lally, DO & Family



DONORS CORNER

Edward A. Loniewski, DO and Joanne Loniewski

My passion for mentorship began early in my career, and I attribute some of my shining moments to the success of several programs that focused on emerging leaders in the profession not only as orthopedic surgeons, but as students while I was president of the American Osteopathic Association (AOA) and the AOF.

It’s important to identify excellence and recognize those who achieve it. This way, we can continue to curate and develop leaders and encourage others in the profession to strive to those standards; this, being a large part of our decision to endow a scholarship with the AOF— the Edward A. & Joanne Loniewski Merit Scholarship.

Joanne and I know our donation is in good hands. The foundation is extremely organized as we have seen in the outstanding programs they provide both physicians and those in training year over year. It was important for us to make sure the scholarship was nationally recognized, but that we also followed our hearts in its intention.

Michigan State University—College of Osteopathic Medicine (MSUCOM) is an outstanding institution. I have worked in several capacities with MSUCOM, and two of our children also received their DO degrees there. We want to recognize the caliber of students that matriculate from MSUCOM, and make sure they have an opportunity to give back in the future.

The profession and the Foundation have been good to us and we truly believe the hands-on approach to patient-centered care that is osteopathic medicine, is far beyond average. We want to make sure it continues and we hope this encourages others to do the same.

continued ...

Platinum Leadership Society
\$5,000 to \$24,999

Khawaja H. Ikram, DO
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Liam Duggan
Western University of Health
Sciences, College of Osteopathic
Medicine of the Pacific

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\$2,500 to \$4,999

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