In 2014, the American Osteopathic Foundation celebrated its 65th anniversary. As I reflect on all we have accomplished together as an osteopathic family, I am really humbled.

Thanks to our generous donors – individuals, schools, organizations and corporations – we have made great strides in promoting and enhancing the osteopathic profession and public health at home and abroad.

We have been one of the biggest supporters of recognizing and awarding excellence in the osteopathic profession. Since our inception in 1949, we have provided more than 2,000 grants, scholarships and awards.

Support is more critical than ever, especially for our osteopathic medical students who face more than $250,000 in student loan debt after graduation. There were 23,144 students enrolled in osteopathic medical school in 2013-14, nearly double the enrollment ten years ago. The AOF works tirelessly to expand the number of scholarships and service opportunities for this growing population.

As you read the stories in our 2014 Annual Report and learn more about the good work of the AOF, we hope you are inspired to help the future leaders of the profession.

Together, the osteopathic family can really make a difference to improve the healthcare landscape, now and for the next 65 years.

Thank you for your support.

Stephen S. Downey, CAE, CFRE
AOF Ready Relief Box Program

Working with Heart to Heart International, the AOF provides Ready Relief Boxes for osteopathic physicians participating in medical missions around the world. The pharmacy in a box contains $7,500 worth of essential medicines and supplies commonly used to treat the poor and underserved. Its sturdy, suitcase-like design can withstand the rigors of international travel and can help up to 400 people.

During 2014, the AOF provided 11 Ready Relief Boxes valued at $82,500 to osteopathic physicians who brought medical care to people around the world who need it the most.

What’s in the Box?

Analgesics
Acetaminophen
Acetaminophen Infant Suspension
Ibuprofen
Ibuprofen Children’s Suspension

Anti-Allergy
Diphenhydramine
Loratadine

Antibiotics
Amoxicillin
Amoxicillin Oral Suspension
Metronidazole
Azithromycin
Azithromycin Oral Suspension
Ciprofloxacin
Doxycycline Hydrate
Gentamicin Sulfate Ophthalmic Solution

GI Medicines
Calcium Antacid
Ranitidine

Supplies
BD™ Gloves Small/ Medium Stretch Vinyl
BD™ Gloves Large/ X-Large Stretch Vinyl
Sterile Rolled Gauze
Gauze Pads
Oral Syringe

Topicals
Hydrocortisone Ointment
Tubes Triple Antibiotic Ointment
Miconazole Nitrate
Calmoseptine Ointment

Other
Oral Rehydration Salts

 traveler's diarrhea

Analgesics
Acetaminophen
Acetaminophen Infant Suspension
Ibuprofen
Ibuprofen Children’s Suspension

Anti-Allergy
Diphenhydramine
Loratadine

Antibiotics
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What’s in the Box?
DEBT BY NUMBERS

$13.5k  The mean education debt graduating osteopathic medical school students in 2008 thought they’d have in 2012*

$170k  The mean education debt of U.S. Medical School Graduates in 1978

$207k  Percent of 2012 graduates with education debt after osteopathic medical school

90%  Percent of 2012 osteopathic medical students reported they actually had in 2012*

Mean education debt

Student Perspective:
Financial Outlook After Graduation

It’s no secret that upon graduation, most medical school grads are faced with a mountain of debt. But just how high is that mountain, and how does it impact newly minted doctors? According to the College Board, 6-year college graduates in 2013 faced at least $25,000 in student loan debt. Many osteopathic medical students, like Andrew Schleuning, OMS IV, are adding a zero to the end of that number when they finish osteopathic medical school.

“You have a lot of anxiety with that much debt hanging over your head,” says Schleuning, who attends Kansas City University of Medicine and Biosciences (KCU) and was a student director on the AOF Board from 2012–14. He finds hope from older physicians who have been mentors to him and says he sees a light at the end of the tunnel, it just may take a little more time to get to that point than those before him.

The average debt for students graduating from medical school in 1978 was $13,500 according to the Association of American Medical Colleges; graduating osteopathic medical students reported it was $207,000 in 2012. When undergraduate loans are added to that, many medical school graduates are facing nearly $250,000 of debt.

So why be an osteopathic physician? “It’s what I’ve always wanted to do. It seems worth it to me. It’s part of the sacrifice of being a doctor and part of the profession,” he said. With that much debt, many students and recent grads feel it’s difficult to give back financially. But they find other ways to contribute.

Schleuning recently returned from his first medical mission trip abroad with DOCARE International in Guatemala and participated in two AOF HumanTouch Leadership Projects. He appreciates the generosity of AOF donors and hopes to one day return the favor. He says, “By donating to the AOF, you can take some of the burden off of medical students. The funds AOF raises allow for the needed expansion of the scholarship, grant and humanitarian programs. They give students the support, recognition and service experiences that will change the trajectory of their career, and ultimately, the future of the profession.”

Andrew Schleuning, OMS IV, pictured back row, third from left, with other students from KCU/BM during their recent trip to Guatemala for DOCARE.

HumanTouch LEADERSHIP PROJECT 2014 Detroit

Students Help Motown Get its Groove Back

More than 30 osteopathic medical students joined the AOF last summer to help Motown get its groove back. The group spent two days in the Littlefield neighborhood of Detroit completing a cleanup project.

“We couldn’t provide medical advice, but we were providing hope, and that’s what people need – to see people actually care,” said Melissa Martinez, OMS II, a native of the Detroit-area and one of seven students from Michigan State University College of Osteopathic Medicine (MSUCOM) who participated in the AOF HumanTouch Student Leadership Project, now in its fifth year and funded by AOF, aims to inspire, motivate and empower osteopathic medical students to participate in public service projects that benefit communities in need and promote leadership and teamwork within the osteopathic profession.

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“This trip helped to reaffirm my decision to be an osteopathic physician. We are experiencing a shortage of physicians in this country, specifically in rural and urban areas. I had not until this trip considered these options,” said Katherine McCarthy, OMS II, Lake Erie College of Osteopathic Medicine.

It took only 31 students 2 days to plant 1 seed of neighborhood pride.

In June 2015, the project heads to the heart of Appalachia, near the birthplace of A.T. Still. To help extend the project by one day and allow more students to participate, please make a donation at giveDO.org.

Facts:
Detroit is one of the oldest cities in the Midwest founded in 1701.

In Dec. 2013, Detroit became the largest U.S. city to ever file for bankruptcy.

The population from Detroit has fallen from 2 million in 1950 to about 680,000 today, with 25% in the last decade alone.

The average home price in Detroit is $7,000.

The city has about 78,000 abandoned structures.

Resident of Detroit pay the highest tax rate in the state and receive the lowest level of services.

For example, of the city’s 36 ambulances, only 16-14 are still running.

Osteopathic medical students makeover a playlot for the neighborhood kids in Littlefield.
The AOF celebrated its 65th anniversary at Honors 2014, held on Oct. 24 during OMED in Seattle. More than 500 osteopathic physicians, students, educators, and their friends and family, as well as corporate benefactors, joined the AOF for the annual celebration. More than 100 grant and award recipients were honored for their hard work, scholarship, and excellence.

**HONORS 2014 Seattle**

**Lifetime Achievement Award**

Dr. Opipari, considered by many as the father of Osteopathic Postdoctoral Training Institutions (OPTI), was born in Detroit to Italian immigrants. He spent more than four decades in Michigan not only practicing and teaching osteopathic medicine, but pioneering systems and standards for osteopathic medical residents that will continue to influence generations to come. 

**Physician of the Year**

Known for his work in rheumatology and immunodeficiency diseases, particularly HIV and hepatitis C, Dr. Calabrese is the first and only physician to hold two endowed chairs at the Cleveland Clinic. Another first: he and his daughter, Cassandra Calabrese, DO, are the only father-child pair to have served there as Chief Medical Resident in the institution’s history.

**Educator of the Year**

Dr. Kauffman is the founding dean and chief academic officer at the Campbell University Jerry M. Wallace School of Osteopathic Medicine. One of Campbell’s priorities is to close the gap in the state’s health care shortage, especially in rural areas. He also developed the state’s first DO internal medicine residency program.

**Awards & Scholarships**

**Professional Awards**

- **James M. Lally, DO Emerging Leader Award**
  Danielle L. Coolen, DO

- **Burnett Osteopathic Student Researcher Award**
  Brooke A. Johnson, OMS III
  Lake Erie College of Osteopathic Medicine – Bradenton

- **Outstanding Resident of the Year Award**
  Supported in association with Merck
  Joel E. Abbott, DO
  Urological Surgery
  David J. Heath, DO, MS, ATC
  Emergency Medicine

- **Excellence in Diabetes Care Award**
  Supported in association with Merck
  Diabetes and Endocrine Center at the Diabetes Institute at Ohio University
  Jay H. Shubrook, DO
  Director, Clinical Care, Diabetes Institute

**Student Awards**

- **AOA Presidential Memorial Leadership Award**
  Katherine L. Eggerman, MPH, OMS IV
  Des Moines University, College of Osteopathic Medicine

- **William G. Anderson, DO, Minority Scholarship**
  Kai A. Turner, OMS III
  Edward Via College of Osteopathic Medicine, Virginia Campus

- **Nichols LEAD Scholar Award**
  Alexis L. Cates, OMS IV
  William Carey University, College of Osteopathic Medicine

- **McCaughan Heritage Scholarship**
  Kathleen M. Vazzana, OMS IV
  New York Institute of Technology, College of Osteopathic Medicine

**Honors 2014**

Honors 2014 was a celebratory evening that brought together the osteopathic professional family, including 24 colleges of osteopathic medicine. Nearly $6,000 was raised on the spot for the 2015 AOF HumanTouch Student Leadership Project via mobile text donations. Festivities included an evening of drinks, dinner and dancing in the grand ballroom at The Sheraton—Seattle.
**AOF Supported Programs—2014**

**Institute of Medicine (IOM) Anniversary Fellowship Program for Osteopathic Medicine**

$83,334 grant to support an endowment created by the osteopathic profession to fund an osteopathic fellow position at the Institute of Medicine. Creagh Milford Jr, DO, MPH, (pictured, left) recently began the two-year osteopathic fellowship with the IOM, a position made possible by the AOF, the AOA and the American Association of Colleges of Osteopathic Medicine to ensure an osteopathic medical professional has the opportunity to work on and influence evidence-based healthcare or public health studies that affect the nation’s health.

Dr. Milford is an AOA-board certifed internist and 2008 graduate of Midwestern University/Chicago College of Osteopathic Medicine. He also has an extensive background as a health policy analyst and holds an MPH from the Harvard School of Public Health.

**HumanTouch Student Leadership Project**

**Detroit, Michigan**

$28,000 to support the fifth-annual HumanTouch Student Leadership Project. The three day service trip hosted 31 students from around the nation.

**FORCE Empathy Study**

**Chicago, Illinois**

$20,000 grant to support the Foundation for Osteopathic Research and Continuing Education’s (FORCE) development of three research protocols related to the topic of “Empathy in Osteopathic Patient-Centered Care.”

**AOA’s Advocacy for Healthy Partnership Conference**

$10,000 grant to the AOA to help support an annual leadership development conference that brings together physician leaders and executive staff from the AOA and state and specialty osteopathic organizations.

**New Frontiers Health Force’s Kenya Bush Clinic Program**

$5,000 grant to Tonya Hawthorne, DO, President and Founder of the New Frontiers Health Force and its Bush Clinic Program.

**OMED Helping Hands Seattle, Washington Seattle’s Union Gospel Mission**

$4,000 for OMED attendees and friends to provide service to support displaced men, women and children struggling with homelessness and addiction recovery.

**NOMA Health Fair for the Homeless Seattle, Washington**

$3,400 grant to help support the National Osteopathic Medical Association’s (NOMA) Health Fair for one day during OMED.

**Helping Hands House of Delegates, Chicago, Illinois**

The AOF, in collaboration with the Advocates for the American Osteopathic Association (AAOA), spent a day during the Annual AOA House of Delegates Meeting in July working with children at the Cordi Marian Settlement House in Chicago.

**REVENUES: WHERE THE MONEY COMES FROM**

<table>
<thead>
<tr>
<th>Source</th>
<th>2013</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Contributions</td>
<td>$ 562,767</td>
<td>$ 625,227</td>
</tr>
<tr>
<td>Affiliate Contributions</td>
<td>$ 19,500</td>
<td>$ 18,490</td>
</tr>
<tr>
<td>Corporate Contributions</td>
<td>$ 283,000</td>
<td>$ 325,000</td>
</tr>
<tr>
<td>Other Contributions</td>
<td>$ 561,428</td>
<td>$ 406,666</td>
</tr>
<tr>
<td>Interest on Notes Receivable</td>
<td>$ 402</td>
<td>$ 3,214</td>
</tr>
<tr>
<td>Investment Returns</td>
<td>$ 1,672,990</td>
<td>$ 515,956</td>
</tr>
<tr>
<td>Service Fees</td>
<td>$ 2,000</td>
<td>$ 2,000</td>
</tr>
<tr>
<td><strong>TOTAL REVENUES</strong></td>
<td><strong>$ 3,102,087</strong></td>
<td><strong>$ 1,896,553</strong></td>
</tr>
</tbody>
</table>

**2014 ANNUAL DONOR REVENUE**

- Individual: $ 625,227
- Affiliate: $ 18,490
- Corporate: $ 325,000
- Other: $ 406,666
- **Total: $ 1,375,383**

**DISTRIBUTION OF 2014 GRANT, SCHOLARSHIP, AWARD & PROGRAM FUNDS**

- Physicians: 19%
- Students: 41%
- Programs: 40%

**EXPENSES: WHERE THE MONEY GOES**

<table>
<thead>
<tr>
<th>Category</th>
<th>2013</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants, Scholarships, Awards, Programs</td>
<td>$ 1,352,931</td>
<td>$ 1,367,774</td>
</tr>
<tr>
<td>General &amp; Administrative</td>
<td>$ 260,688</td>
<td>$ 303,285</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$ 2,000</td>
<td>$ 2,000</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>$ 1,672,844</strong></td>
<td><strong>$ 1,779,257</strong></td>
</tr>
</tbody>
</table>

**CHANGE IN NET ASSETS:**

- **$ 1,429,243** in 2013
- **$ 117,296** in 2014

**NET ASSETS AT BEGINNING OF YEAR**

- $ 10,563,453 in 2013
- $ 11,992,696 in 2014

**NET ASSETS AT END OF YEAR**

- $ 11,992,696 in 2013
- $ 12,109,992 in 2014
It is with deep appreciation that we recognize and thank the following corporations for investing in the future of the osteopathic profession by supporting the AOF and to move through unrestricted annual giving.

Community Trust

Million Dollar/Over $750,000

El Lilly & Company

Pfizer, Inc

Sarofim

President’s Circle Partner

PhRMA

Pinnacle Partner

Bristol-Myers Squibb

GlaxoSmithKline

Grand Patron Partner

Allergan USA, Inc.

Fisons Laboratory, Inc.

Horizon Pharma USA, Inc.

March & Company

United Angelic Savoirs

Annual Affiliate Gifts and Gifts to Named Funds

It is with deep appreciation that we recognize and thank the following individuals and Affiliate organizations for investing in the future of the osteopathic profession by supporting the AOF and to move through Affiliate gifts and gifts to our Named Funds.

Platinum Leadership Society

$50,000 - $100,000

A.T. Still Legacy Circle

A.T. Still Legacy Circle honors those friends of the American Osteopathic Association (AOA) who have elected to make a gift of $50,000 or more through a bequest, trust arrangement or other estate plan provision. Their legacy is one of philanthropy, of opportunity, and of supporting the osteopathic profession and future generations of osteopathic physicians.

A.T. Still Legacy Circle Members

**Aaron E. Brawley**

Andrew F. Badger, DO

Arthur F. Bane

Barbara M. Barnes, DO

Eugene S. Baur, DO

Robert A. Beamer, Jr.

Mark M. Beckwith, DO

Sarah J. Beckwith, DO

Thomas B. Beckwith, DO

Dennis W. Dobritt, DO

Karen L. Dobrott, MD

Samuel J. Dobrott, MD

J. Stephen Dobrott, DO

Michael Dobrott, MD

Wayne D. Dobrott, DO

John M. Dobrott, DO

Philip L. Dobrott, DO

William E. Dobrott, DO

Jeffrey W. Dobrott, DO

Joseph F. Donofrio, DO

Denise J. Dowling, DO

Donna J. Donaher

Israel Dorr, DO

Gary E. Dorsey, MD

Richard J. Donovan, DO

Michael D. Draper, DO

J. Robert Drennan, DO

Gerald Drinnon, DO

Gerald A. Drinnon, DO

Jeffrey E. Drinnon, DO

Swinton W. Elder, DO

Jennifer T. Elsner, DO

Lisa M. Elsner, DO

Joyce R. Elliott, DO

Jeffrey W. Elliott, DO

M. Andrew Elmore, DO

Thomas J. Elmore, DO

David H. Elmore, DO

Mark J. Elmore, DO

Stuart B. Elmore, DO

Andrew S. Elmore, DO

Katherine E. Elmore, DO

J. Kenneth Elmore, DO

John E. Elmore, DO

Robert Elmore, DO

Jeffrey E. Elmore, DO

Sarah Elmore, DO

Matthew Elmore, DO

Lee M. Elms, DO

R. Allen Elms, DO

Beth K. Elms, DO

Lori A. Elms, DO

\n
2014 Individual Legacy Society

It is with deep appreciation that we recognize and thank the following individuals for their significant gift to the AOF.

```
2014 Individual Legacy Society

Carol L. Monson, DO, MSCM
Karen J. Nichols, MD, NA

Joseph F. Donofrio, DO

Jeffrey W. Elliott, DO

Gary E. Dorsey, MD

Gerald Drinnon, DO

Swinton W. Elder, DO

Jennifer T. Elsner, DO

Lisa M. Elsner, DO

Joyce R. Elliott, DO

Robert Elmore, DO

Jeffrey E. Elmore, DO

Sarah Elmore, DO

Matthew Elmore, DO

Lee M. Elms, DO

R. Allen Elms, DO

Beth K. Elms, DO

Lori A. Elms, DO

J. Kenneth Elmore, DO

John E. Elmore, DO

Robert Elmore, DO

Jeffrey E. Elmore, DO
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2014 Individual Legacy Society

Kenneth Montugu, MD, MPH
Michael G. Murphy, DO
Kathleen M. Naegle, DO
Hovos M. Nalin, DO

Jeffrey W. Morgan, DO

Larry T. Morgan, DO

Dr. and Mrs. Michael T. Morris

Dr. and Mrs. Lonnie L. Morris

Dr. and Mrs. Donald J. Moran

Dr. and Mrs. Mark W. Morris

Dr. and Mrs. John G. Morris

Dr. and Mrs. W. Alan Morris

Dr. and Mrs. Franklin E. Morris

Dr. and Mrs. Sarah S. Morris

Dr. and Mrs. Paul R. Morris

Dr. and Mrs. William E. Morris

Dr. and Mrs. William R. Morris

Dr. and Mrs. John W. Morris

Dr. and Mrs. Robert C. Morris

Dr. and Mrs. Donald C. Morris

Dr. and Mrs. L. Joshua Morris

Dr. and Mrs. David J. Morris

Dr. and Mrs. John M. Morris

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The AOF would also like to thank our many “Friends” of the Foundation who have contributed in amounts less than $100.

“Helping young DOs is something I wanted to do to give back to the profession that has given me so much”

Thomas A. Quinn, DO, clinical professor at Lake Erie College of Osteopathic Medicine (LECOM)—Bradenton helped create The Thomas A. Quinn, DO Osteopathic Scholarship awarding an annual $3,000 scholarship for second year medical students.

Eric A. Hagelbo, DO
William W. Henning, DO
Debra K. Hermany, DO, RN
Gerald L. Hennewe, DO
Rick M. Hensel, DO
David F. Hirschman, DO
Ben Huang, DO
Don Jablonski, DO
Dane K. Johnson, DO
Virginia M. Johnson, DO
Elaine Welsh Joslyn, DO
Capt. Joseph M. Kaczmarczyk, DO, MPH
John N. Kasimos, DO
Jeffery A. Kerr, DO
Joseph Kessler, DO
Gordon C. Knight, DO
Andrew S. Koenig, DO
Robert Koski, DO
John J. Kowalczyk, DO CDR
Steven M. Kriss, DO
Ned A. Magen, DO
Craig L. Magrante, DO
John Marchlin, IL, DO
Richard N. Mar, DO
Michael Maroney, DO
Merl L. Martin, DO
David J. Martinho, DO
David C. Mason, DO
Jessica L. Masser, DO
Peter S. Menon, DO
John H. Morrison, Jr., DO
Alexandra P. Myers, DO
Alan K. Ready, DO
Peter T. Nords, DO
Robert C. Orr, DO
Mitchell T. Pace, DO
Gregory A. Pecchio, DO
Kimberly Perry, DO
James A. Poppawsky, DO
Michael Popoff, DO
Mary E. Puglisi, DO
Patricia H. Raftery, DO, MPH
Maryjou J. Rainone, DO
George F. Rainier, DO
Patricia Rainfield, DO, MPH
Nicholas V. Rebeco, DO
Madison S. Renges, DO
Drs. Myra & Gerald Robins
Dorinick R. Romanow, DO
Kenneth R. Rost, Jr., DO
Mary L. Resch, DO
Ronald J. Ritterbrin, DO
Joel L. Rush, DO
Joseph J. Ryko, RD, MS
Charles A. Sarits, DO
Paul T. Schenkel, DO, MS
Mark D. Schneider, DO
Julianne F. Sees, DO
Julia Shukerko, DO
Mark M. Stefenelli, DO
Paul Gregory Smith, Jr., DO
Greg Sorbie, DO
William H. Stage, DO, MS
Joyce M. Stein, DO
Michael F. Stratton, DO
Stephen M. Swistek, DO
Charles H. Tenner, DO
Michael P. Tenney, DO
Dave Toone-Radine, DO
John A. Teneyl, DO
Betty Jo White, DO
Frederick E. White, DO
M.D. Edward A. White, DO
L. Janelle Whitt, DO
Jennifer M. Wilcox, DO
Ellen M. Woods
Lewin Wyatt, Jr., DO
Blake A. Wylie, DO
Ned D. Wust, DO
Mike D. Yeng, DO
Neil E. Zeis, DO, MPH

This AOF would also like to thank our many “Friends” of the Foundation who have contributed in amounts less than $100.

DONORS CORNER
Welch Scholars Grant

Imagine making a donation that would help more than 500 osteopathic medical students get through medical school. What impact could such a gift have on the students and those they would go on to treat?

In 1964, Sterling E. Welch, DO, an osteopathic physician from Keytesville, MO, donated half of his estate to the AOF. Today, the initial donation of $114,856 is worth $1.7 million. The funds have helped 495 osteopathic medical students defray the cost of their medical education with $2,000 grants totaling nearly $1 million.

One student from each college of osteopathic medicine (COM) and branch campus is eligible to receive a Welch Scholars Grant. In 2014, the AOF awarded 30 of these grants to outstanding osteopathic medical students. The ripple effect of one man’s generosity will continue to impact the osteopathic profession for generations.

$1,731,312
Value of the gift in Jan. 2015

495
Number of grants given since 2002

$2,000
Amount of grant given to each student

$114,856
Amount of original gift

1964

AOF MISSION
To identify and support philanthropic activities that promote and enhance the osteopathic profession.
YOU CAN MAKE A DIFFERENCE

Please consider making the AOF a charity of choice: it’s up to YOU to ensure the profession continues to make a difference in the health of others and provide leadership in serving the neediest populations at home and abroad. Your gift to the AOF helps us to promote the osteopathic profession and change the world. If you don’t support the profession, who will? DO IT TODAY!